

عنوان مقاله:

The Relationship between Adult Attachment Style, Communication Patterns and Marital Intimacy

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خلاصه مقاله:

The studies showed that various factors are of importance in forming intimacy in marital relations. Hazen and Shower stated that the initial relationship experiences are generalized to adult relationships especially romantic ones with spouse. This study aimed to investigate the relationship between attachment styles, communication patterns, and marital intimacy in Yazd married people. The research design was a descriptive correlation. A sample of 120 couples from Yazd 20-50 year old couples (with at least 6 months from the time they were living together) were selected via convenience sampling. Data collection tools included the adult Attachment Scale (AAS), Communication Pattern Questionnaire (CPQ), and the Marital Intimacy Questionnaire. The findings showed that mutual constructive and mutual avoidance communication pattern can predict marital intimacy. Also predicting marital intimacy on the basis of attachment styles is significant. The result of this research can help us to know the reasons and factors effective on spouses intimacy to render the suitable strategies.

کلمات کلیدی:

Attachment Style, Communication Patterns, marital intimacy

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