

عنوان مقاله:

The Effectiveness of Parent Management Training in Improving Parental Stress of Children with Attention Deficit Hyperactivity Disorder

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خلاصه مقاله:

The aim of this study was the effectiveness of parent management training in improving parental stress of children with attention deficit hyperactivity disorder. The present research is a single case study. Subjects were three mothers that had ADHD children. In order to control the impact of drug, children were selected among those who at least 6 months were treated with Ritalin. All the three subjects were trained under 8 sessions of behavioral change for their ADHD children. These trainings were individually based on weekly session. Subjects were evaluated before intervention, after intervention and one month later in the follow up stage, using: CSI-4, DBI-II and PSI. Results showed parent management training caused symptoms attention deficit hyperactivity disorder and parent stress improvement. Parent motivation and involvement had a significant role in treatment process. The results showed that parental stress affects by children's behavior problems because the results of the impact of parental education on improving the behavioral problems of subjects in this study were positive.

کلمات کلیدی:

Attention deficit hyperactivity disorder, Parenting Stress Index, Parent Management Training

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