

عنوان مقاله:

The Role of Identity Styles and Attachment Styles in Prediction of Positive Psychological States among the Women Referring to Family Counseling Clinics

محل انتشار:

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خلاصه مقاله:

The present study seeks to examine the relationship between life orientations with marital adjustment among parents of exceptional children in Ghazvin (Iran). This study is a correlative one. To collect data, a sample of 80 parents of exceptional children in Ghazvin was selected through random cluster sampling method. Tools used to achieve the objectives of the study were: Carver and Scheier's (1985) revised life orientation test and Locke- Wallace's (1959) marital adjustment. To analyze the data, descriptive statistics such as mean, standard deviation and inferential statistics such as Pearson correlation and multiple linear regression analysis were used using SPSS software. The results showed that there is a significant positive relationship between life orientations with the marital adjustment. As well as the factors of optimistic orientation and pessimistic orientation can predict marital adjustment up to 28%. Therefore, with an optimistic attitude to life, which is addressed in the form of life orientation, one can take steps to .reduce the marital problems and increase marital adjustment

کلمات کلیدی:

Life Orientation, Marital Adjustment, Parents Of Exceptional Children

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