

## عنوان مقاله:

Dietetic Plans within the Multiple Sclerosis Community: A Review

# محل انتشار:

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### خلاصه مقاله:

Multiple sclerosis (MS) is an immune-mediated, neurodegenerative diseasecaused by a complex interaction between lifetime environmental exposures and genes. Dieteic interventions environmental may affect the disease activity. These modifications may happen in intake of fats, proteins, calories, vitamins, minerals, fibers, and intake of several other nutrients which have a key role in neural health. This review was undertakento investigatethe role of nutritional .modifications in patients with MS

**کلمات کلیدی:** Multiple Sclerosis, Diet, Protein, Vitamin, Mineral

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