

## عنوان مقاله:

The Carcinogenicity of Alcoholic Beverages: A Review

## محل انتشار:

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## خلاصه مقاله:

There is convincing evidence that alcohol consumption increases the risk of oral cavity, pharynx, esophagus, gastric, breast, prostate, colorectal, and liver cancers. Lifestyle behaviors, including drinking patterns and smoking status can synergistically increase the adverse outcomes of alcohol intake. This review aims at summarizing published data considering alcohol consumption as a risk factor for major cancers and possible mechanisms in its pathogenesis. A literature search was carried out in PubMed, Science direct, Google scholar, Medline, and Web of Science (ISI) databases. The search was limited to studies published in English. 59 eligible articles were identified. The available data provided adequate scientific evidence which pointed toward a positive association between alcohol intake and development of oral, pharynx, esophagus, gastric, breast, prostate, colorectal, and liver cancer. This review provided sufficient evidence that alcohol, even at low intakes, significantly increases the risk of cancer in those sites where there is direct contact with alcohol such as the oral cavity, pharynx, and esophagus. Clinicians should always evaluate the patient-specific risk, considering the additive/synergistic behaviors, including drinking pattern and smoking status together.

## کلمات کلیدی:

Alcoholic beverages, cancer, Pathogenesis, Drinking patterns, Risk factors

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