

## عنوان مقاله:

کاربرد تلفنهای هوشمند توسط دانشجویان: مورد دانشجویان کارشناسی در فضای انگلیسی بعنوان زبان خارجی

## محل انتشار:

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## خلاصه مقاله:

Immoderate smart phone usage usually makes the students addicted to it and spends less time reading lecture notes and textbooks. This study aims to determine university students' usage of smart phones and perceived rejection of paper books in an EFL context. The study collected data through a 20-item structured questionnaire consisting of the general characteristics, the number and hours of general smart phone usage, the daily usage of textbooks or paper books, and via the online short version of Smart phone Addiction Scale (Kwon, Kim, et al., 2013) administered to 200 Iranian EFL participants aged  $\geq 18$  years and recruited from the Department of Humanities and Biological Sciences in Rabe Rashid Higher Education Institute (RRHEI), Tabriz, Iran. Results of the online SAS showed that the participants had a mean SAS-SV score of 47.02 (SD = 4.235), so they were regarded as excessive smart phone users. Also, results of questionnaire indicated that the majority of participants were more inclined to spend an alarming amount of time on their smart phones rather than on their lecture notes and textbooks. The author concludes that students in RRHEI are strongly addicted to smart phones and this addictive behavior makes them spend less time reading textbooks and using university library. The author ultimately gives some useful tips on how to mitigate the negative effects of smart phones. The results of this study promise practical implications for policy-makers, parents, and academics and their students.

## کلمات کلیدی:

Context, Undergraduate, Paper book, Smartphone addiction, Lecture notes

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