

عنوان مقاله:

Social well-being of women in reproductive ages and its related factors in Zanjan, 2016

محل انتشار:

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خلاصه مقاله:

Background: Social well-being is one of the main health dimensions that needs to be assessed. Objectives: As there are few studies on the social well-being dimensions, the current study aimed to determine the social well-being of women of reproductive age and the related factors in Zanjan, Iran. Methods: This cross-sectional study was conducted on 382 women of reproductive age (10-49 years), referred to the Health Centers of Zanjan, Iran. Samples were selected using the stratified cluster sampling method, according to the socioeconomic status. Data were collected, using the Keyes social well-being questionnaire as a tool with good validity and reliability. Data were analyzed through SPSS software using descriptive and analytical tests (Kruskal-Wallis, Pearson Correlation, and Multiple regressions). The statistical significance level was considered as $p < 0.05$. Result: In total, 382 women were assessed, and their social well-being total mean score was 64.7 ± 6.5 . The domains of Social contribution (16.8) and Social integration (10.8) had the highest and the lowest mean score, respectively. Those women and their husbands' who had a higher educational level ($p < 0.001$, $P = 0.03$) and were employed ($P = 0.003$, $p = 0.004$) were more likely to have better social well-being. A significant association was found between the social well-being and socio-economic level ($P < 0.001$). No significant association was found among age groups and marital status with social well-being. The educational level and sufficient income were found significant as independent variables associated with social well-being in the multiple linear Regression models. Conclusion: The majority of women had a moderate level of social well-being. When planning for improving social well-being, education and income should be considered. Further research to improve the dimensions of social well-being in women in reproductive age is recommended.

کلمات کلیدی:

social well-being, women, reproductive age

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