

عنوان مقاله:

The Moderating Role of Integrative Self-Knowledge and Self-Control in the Relationship Between Basic Psychological Needs and Self-Compassion

محل انتشار:

فصلنامه فیزیولوژی عصبی روانشناسی، دوره 4، شماره 4 (سال: 1396)

تعداد صفحات اصل مقاله: 8

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خلاصه مقاله:

Background: The present study investigated the moderating role of integrative self-knowledge and self-control in the relationship between the basic psychological needs and self-compassion among the students of Bukan Branch, Islamic Azad University, Iran. Objectives: The purpose of this study was the moderating role of Integrative Self-Knowledge and Self-control in relation to Basic Psychological Needs with self-compassion. Materials and Methods: This study employed a correlational method. The statistical population consisted of all students of Islamic Azad University (N=2200) studying in the academic year of 2016-2017; of whom, 384 students (male and female) were selected by proportional stratified sampling method. The instruments used in this study included the Basic Psychological Needs Scale, Integrative Self-Knowledge Scale, Self-Compassion Scale, and Self-Control Scale. Pearson's correlation coefficient and the structural equation model were used to analyze the obtained data. Results: The findings indicated a positive and significant relationship between the basic psychological needs, integrative self-knowledge, self-control, and self-compassion ($P \leq 0.01$). Moreover, the integrative self-knowledge and self-control models demonstrated a desirable goodness-of-fit in the association between basic psychological needs and self-compassion. Conclusion: The results of model revealed that the basic needs exerted a greater impact on self-compassion through integrative self-knowledge path, compared to self-control path

کلمات کلیدی:

Moderating role, Self-knowledge, Self-Control, Self Compassion

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