

## عنوان مقاله:

Evaluation of Vitamin D Status and Effective Maternal Factors on Vitamin D Levels in Cord Blood of Infants Born in Zahedan, Iran

## محل انتشار:

مجله بين المللي كودكان, دوره 9, شماره 5 (سال: 1400)

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### خلاصه مقاله:

Background: The available sources indicate our insufficient knowledge about vitamin D levels in infants born in Iran. Therefore, the aim of this study was to investigate the vitamin D status and effective maternal factors on vitamin D levels in cord blood of neonates born in south-east of Iran. Materials and Methods: This descriptive-cross sectional study was performed on neonates who were born in Ali-Ibn-Abitaleb Hospital (Zahedan, Iran), and their mothers from August YoYo to January YoYI. To assess the maternal serum and umbilical cord level of vitamin D, & ml of whole blood (umbilical cord blood and maternal venous blood) was evaluated by enzyme-linked immunosorbent assay. The relationship between different levels of the infants' vitamin D and some maternal vitamin D deficiency factors were evaluated. Results: A total of 19. pregnant women & 19. infants participated in this study. The mean serum level of vitamin D in newborns was **WY.9** ngr/ml, of which FI(Y). X%) were vitamin D deficient. Vitamin D status of neonatal cord blood was significantly related to using vitamin D supplements by mother during pregnancy, parity, maternal literacy level, infant gender, maternal exposure to sunlight and maternal vitamin D status (p<0.04 for all). Conclusion: Our study showed that using vitamin D supplements by mother during pregnancy, parity, maternal literacy level, infant gender, maternal exposure to sunlight and maternal vitamin D status are related to the infants' vitamin D status. Further research is needed to determine the reason behind some established relationships in the present research including the relationship between parity and vitamin D in neonates.

**کلمات کلیدی:** Infant, Mother, pregnancy, Vitamin D deficiency

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