

## عنوان مقاله:

Marital Status and Physical Health: Racial Differences

## محل انتشار:

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## خلاصه مقاله:

Background and aims: As suggested by the Minorities' Diminished Return Theory, the association between socioeconomic status and health is weaker for racial and ethnic minorities compared to Whites. The current study compared Blacks and Whites in terms of the association between marital status and physical health. Methods: The State of the State Survey (SOSS) included 111 adults (92 Blacks and 19 Whites) generalizable to the state of Michigan, the United States. The marital status and self-rated physical health (SRPH), which was measured using a single item, were considered as independent and dependent variables, respectively. In addition, age, gender, education, and employment were covariates and race/ethnicity was regarded as the moderating factor. Finally, logistic regression was used for data analysis. Results: Based on the results, being married was associated with better SRPH, which is the net considered by all confounders. A significant interaction was found between race and marital status on SRPH, suggesting a larger association for Blacks compared to Whites. In race stratified models, marital status was related to better SRPH for Whites and Blacks, but the magnitude of this link was larger for Blacks compared to Whites. Conclusion: Overall, marital status was differently linked to SRPM for Whites and Blacks. Accordingly, policymakers should be cautious while not assuming that diverse racial and ethnic groups with similar economic resources have similar health status.

## کلمات کلیدی:

Socioeconomic Position, Self-rated physical health, Inequality, Disparities, Race, Ethnic groups, African American, Blacks and Whites

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