

عنوان مقاله:

General health status among high school students in Ilam: a cross-sectional study

محل انتشار:

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خلاصه مقاله:

Background and aims: Many factors could affect on the health status. This study aimed to assess the general health status of high-school students in Ilam province in ۲۰۱۴. Methods: This cross-sectional study determined the general health status of high-school students in Ilam, located in west of Iran in ۲۰۱۴. The samples were selected by multi-stage random sampling method. Data were collected by a two-part questionnaire. The first part of the questionnaire included the personal characteristics and the second part of the questionnaire contained General Health Questionnaire- ۲۸ (GHQ-۲۸). Results: A total of ۳۸۱ students were enrolled in this study. Overall ۲۳۶ (۶۱.۹%) of students had healthy status. In addition, ۱۴۵ (۳۸.۱%) of all participants had disorder in one or more dimensions of their general health status. The mean±SD of overall score of general health was ۵.۷۸±۴.۵۳ in healthy status students and ۷.۸۳±۵.۷۲ in disorder status students. The difference in overall score of general health was statistically significant between healthy and disorder status students ($P<۰.۰۰۱$). Moreover, the differences in the age, school grade, parental education and number of children living with families were significant between healthy and disorder status students ($P<۰.۰۵$). Conclusion: General health is an important issue among adolescents and high-school students who are at high risk of general health disorder. Therefore, the regular evaluation of their general health status is necessary for planning an appropriate counseling program.

کلمات کلیدی:

Cross-sectional study, High School Students, Ilam, GHQ-۲۸

