

## عنوان مقاله:

Relationship of Perfectionism and Anxiety Sensitivity with Academic Motivation in University Students

## محل انتشار:

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## خلاصه مقاله:

Background: Academic motivation is a very important issue in university students. Studies have revealed the relationship of academic motivation with perfectionism and anxiety sensitivity. Objectives: The purpose of this study was to assess the predictability of academic motivation based on perfectionism and anxiety sensitivity in university students. Methods: In this descriptive and cross-sectional study, ۴۲۵ students of Kermanshah University of Medical Sciences were randomly evaluated by three questionnaires in ۲۰۱۸ - ۱۹: Inventory of school motivation, the positive and negative perfectionism scale and anxiety sensitivity index-revised. Cluster sampling was used to randomly select ۶۰ students from each faculty. Results: Anxiety sensitivity and academic motivation were significantly different between male and female students ( $P < ۰.۰۵$ ) but perfectionism was not ( $P > ۰.۰۵$ ). The highest correlation between the components of anxiety and academic motivation related to fear of cognitive symptoms while the lowest correlation related to fear of physical symptoms. Anxiety sensitivity had a greater impact and higher ability to explain the variability of academic motivation than perfectionism. Conclusions: The findings of this study supported the ability to predict academic motivation based on anxiety sensitivity and perfectionism. As a result, this study could help design and implement interventions to improve parenting and increase academic motivation of students. The study's implications are discussed.

## کلمات کلیدی:

Anxiety, Kermanshah, Motivation, Medical University, Perfectionism, Students

## لینک ثابت مقاله در پایگاه سیویلیکا:

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