

عنوان مقاله:

designing a model of effective factors for students fitness

محل انتشار:

دومین کنفرانس علوم تربیتی، روانشناسی و علوم انسانی (سال: 1400)

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خلاصه مقاله:

The purpose of this study is to design a model of effective factors for students' fitness. The model includes ۳ components (individual characteristics, parents' lifestyle, school social factors). This study is a descriptive-survey study that was conducted in a field method. It was examined through an online questionnaire. The instrument of this research is a researcher-made questionnaire with Cronbach's alpha Was ($\alpha = 0.84$). The results of Kolmogorov-Smirnov test showed that the significance level of all components was less than ($\alpha = 0.05$), so the data distribution was abnormal. As a result, the structural equation modeling method was used using PLS software. The output results of the model for AVE were greater than and equal to 0.50, which indicates the suitability of the convergent validity criterion (AVE. In relation to R^2 values, the endogenous variables of the research model are in the range (0.66) and have a strong coefficient of determination; Which shows that the structural model of the research had a strong fit. Based on the value of Q^2 , the model had a very strong predictive power, because the predictive power of all structures $NFI =$) (had a magnitude greater than 0.30. The overall fit of the model is acceptable and the index (SRMR = 0.08 .RMS Theta = 0.10) and (GOF = 0.53) were confirmed. Based on this, the fit of the whole model was confirmed) (0.90

کلمات کلیدی:

Lifestyle, social-school factors, student characteristics, students fitness

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