

عنوان مقاله:

Intelligent Resilience of Pediatric Burn Nurses: A Qualitative Study

محل انتشار:

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خلاصه مقاله:

Background: One of the most important human abilities in adaptation to professional stressors is resilience, especially in nurses working in burn centers. The present study was conducted to understand how nurses develop intelligent resilience strategies while providing care for burnt children. Materials and Methods: In this qualitative study, ۲۰ burn nurses working in the burn center of Imam Reza Hospital were selected through purposeful sampling. Semi-structured interviews were conducted. Nurses were asked general and specific questions pertaining to their experiences about stress-coping strategies while providing care for burnt children. Data analysis was carried out using the content analysis method. Results: A total of ۱۹۸ initial codes were classified into four themes including "intelligent communication", "multifaceted support", "maturity in difficult and high-risk conditions", and "belief in abilities". Conclusion: Via identification of the most important strategies used in this field, effective steps can be taken in reducing the emotional and physical exhaustion of nurses.

کلمات کلیدی:

Adaptation, Burn Units, Pediatric Nursing, Qualitative research, Resilience

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