

عنوان مقاله:

?Is it reasonable or irrational to take selenium and vitamin D supplements in the COVID ۱۹ epidemic

محل انتشار:

بیست دومین کنگره میکروب شناسی ایران (مجازی) (سال: 1400)

تعداد صفحات اصل مقاله: 1

نویسندگان:

Aria Kasiri - *Arak university of medical science*

Nafise sadat musavi - *esfahan university of pharmacy*

Rasul karimi - *Arak university of medical science*

Pedram purmohammadi - *Arak university of medical science*

خلاصه مقاله:

Background and Aim : Vitamin D and selenium seem to be important factors in COVID-۱۹ disease and these two factors can be supplemented for these patients because selenium has a positive effect on the function of vitamin D. In this study, we are trying to find a significant association between the rate of symptoms and coronary mortality with selenium and vitamin D levels in previous studies. Methods : (((((covid ۱۹) OR (sars cov ۲)) AND (vitamin d)) OR (selenium)) AND (([Date - MeSH] : "۲۰۱۹") : "[Date - MeSH] : "۳۰۰۰")) Results : Vitamin D and selenium seem to be important factors in COVID-۱۹ disease. However, vitamin D has not yet been fully confirmed as an effective ingredient in the treatment Conclusion : Previous studies on selenium have shown that there is a significant relationship between blood selenium levels and the severity of COVID-۱۹ symptoms. However, its consumption should be closely monitored because excessive use can be toxic to the body. Vitamin D should be considered. Almost all the articles have considered it's used to be effective in preventing and increasing resistance to COVID-۱۹, but there is still controversy about its use for a positive effect on the treatment process of COVID-۱۹

کلمات کلیدی:

covid ۱۹ selenium vitamin D

لینک ثابت مقاله در پایگاه سیویلیکا:

<https://civilica.com/doc/1279161>

