

عنوان مقاله:

Consequences of Job Stress on Mental Health with Emphasis on Strategic Intermediaries

محل انتشار:

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خلاصه مقاله:

Job stress has serious consequences for both workers and employers. Stress is an effective factor in organizational inefficiency, manpower turnover, job absenteeism, reduction in quality and quantity of work, increase in health care costs and decrease in job satisfaction. Numerous studies over the past few decades have shown that organizational or occupational tasks that are fraught with overwork and excessive needs and responsibilities lead to many health risks. This study aimed to investigate the relationship between job stress and mental health by emphasizing the mediating role of coping strategies in formal and contractual experts of Zanjan Jihad Agricultural Organization, because the Ministry of Jihad Agriculture is one of the most important and key ministries. It is the government that has great missions in the field of food security and self-sufficiency in the production of basic products and export development of agricultural products, following the various principles of the country's constitution, the provisions of the ۲۰-year vision document, and many articles of the Fourth Development Plan law. It is responsible for providing natural resources and growth opportunities of ۶.۵% in the agricultural sector.

کلمات کلیدی:

Job Stress, Organizational Duties, Job Satisfaction, mental health

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