

عنوان مقاله:

A Survey on Saffron in Major Islamic Traditional Medicine Books

محل انتشار:

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تعداد صفحات اصل مقاله: 11

نویسندگان:

Behjat Javadi - *Department of Traditional Pharmacy, Faculty of Traditional Medicine, Tehran University of Medical Sciences, Tehran, Iran*

Amirhossein Sahebkar - *Biotechnology Research Center and School of Pharmacy, Mashhad University of Medical Sciences, Mashhad, Iran*

Seyed Ahmad Emami - *Department of Pharmacognosy, School of Pharmacy, Mashhad University of Medical Sciences, Mashhad, Iran*

خلاصه مقاله:

Islamic Traditional Medicine (ITM) is a holistic system of medicine. Saffron (*Crocus sativus*) is one of the most famous plants cultivated in Iran and has a wide range of activities such as oxytocic, anti-carcinogenic, exhilarant, anti-depressant, and anti-asthma effects. In addition, saffron can increase the bioavailability and enhance absorption of other drugs. This study comprises a bibliographical survey of ۱۳ major ITM books regarding different medical aspects of this species. Ferdows al-Hekmah fi'l-Tibb (The Paradise of Wisdom in Medicine), Al-Hawi fi'l-Tibb (Comprehensive Book of Medicine), Kamel al-Sanaat al-Tibbyyah (Complete Book of the Medical Art), Al-Qanun fi'l-Tibb (Canon of Medicine), Zakhireh Kharazmshahi (Treasure of Kharazmshahi), and Makhzan al-Adwiah (Drug Treasure) are some of the most important ITM books used in this survey.

کلمات کلیدی:

Crocus sativus, Saffron, Traditional Medicine

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