

عنوان مقاله:

Corona Virus and Salt Intake

محل انتشار:

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خلاصه مقاله:

Coronavirus is one of the main pathogens that targets the human respiratory system in the first place and since common treatments for coronavirus, including hydroxychloroquine are mostly symptomatic, so the aim of this study was to evaluate the coronavirus and salt intake. Articles in Medline searched using the keywords Respiratory infection and Coronavirus, COVID-19 and salt. The virus is highly contagious, dangerous and poses a great threat to the health and safety of the world, and its spread must be prevented immediately. The corona pandemic seems to be able to build a new lifestyle. This can be a starting point for changing the eating behaviors of East Asians and even the people of the world. On the other hand, in addition to the new approach to the role of nutrition in etiology and treatment of diseases in traditional medicine, salt is one of the essential substances for the body that used in the treatment of more than ۴۰ diseases, including treatment of infection and prevents infection in the blood. The findings suggest that increasing the pH plays an important role in the therapeutic performance of drugs used in modern medicine in the treatment of Coronavirus, which salt also creates a similar mechanism. It targets the gastrointestinal tract and muscles and undersexed people at risk. It can conclude that salt that has a temperature of ۴ degrees can probably be effective in reducing cold nature of the lungs and other organs.

کلمات کلیدی:

salt, Coronavirus, traditional medicine, Simple symptomatic treatments

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