

## عنوان مقاله:

?Can Exergames contribute to improving walking capacity in older adults

## محل انتشار:

همایش ملی تازه های پژوهش در علوم ورزشی (سال: 1394)

تعداد صفحات اصل مقاله: 5

## نویسنده:

Nader ahmadbigi - M.S.c, Physical Education and Sport Physiology

## خلاصه مقاله:

The accessibility, low cost and motivation generated by exergames has fostered its rapid expansion as a rehabilitation technique. To estimate the effectiveness of rehabilitation programs using IVGT in improving walking capacity of people aged 60 years and over. The electronic data research following the PRISMA Statement (Scopus, Cochrane, Web of Science, OT Seeker, National Guideline Clearinghouse, Trip Database, CSIC Spanish National Research Council) was completed in September 2018. The results of randomized clinical trials using exergames for rehabilitation of walking capacity were combined. The calculations have followed the guidelines of the Cochrane Handbook for Systematic Reviews of Interventions. The Grading of Recommendations Assessment, Development and Evaluation system was used to evaluate the quality of the evidence

## کلمات کلیدی:

walking capacity, game technology, exergames, older adults

## لینک ثابت مقاله در پایگاه سیویلیکا:

<https://civilica.com/doc/1370978>

