

عنوان مقاله:

The effectiveness of play therapy based on cognitive-behavioral therapy on the rate of hyperactivity in primary school children

محل انتشار:

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خلاصه مقاله:

Hyperactivity is one of the most common problems in children. Problems with hyperactivity disorder in children with hyperactivity disorder can prevent many of their functions. This study aimed to determine the effect of play therapy based on cognitive-behavioral therapy on the rate of hyperactivity in primary school children. The research was quasi-experimental with control and experimental groups. The population included hyperactive primary school children. The participants were selected by cluster random sampling. Thirty children were selected and randomly assigned to experimental and control groups. The data were analyzed using Connors Children's Hyperactivity Scale. The experimental group was trained in eight sessions. The results showed that play therapy based on cognitive-behavioral therapy has an effect on the rate of hyperactivity as well as children's behavior in the classroom, group participation and cooperation and attitudes toward power authorities in primary school and it improved children's performance $((p < 0.05))$.

کلمات کلیدی:

play therapy, hyperactivity, Aggression, Children

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