

عنوان مقاله:

Assessment of Risk Factors for Occupational Neck Pain among Teachers: Application of Health Belief Model

محل انتشار:

فصلنامه بین المللی پیشگیری از دردهای عضلانی اسکلتی، دوره 7، شماره 1 (سال: 1401)

تعداد صفحات اصل مقاله: 8

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خلاصه مقاله:

Aim: Neck pain (NP) is one of the most common MusculoSkeletal Disorders (MSDs) that leading to occupational health problems and complaints among different professions. As many studies indicated that NP is common among teachers, this study aimed to assess the risk factors of occupational neck pain in among teachers based on Health Belief Model (HBM). Method and Materials: In this descriptive-analytical study, ۲۲۴ teachers from ۲۶ schools were selected randomly. Based on inclusion criteria, ۱۴۴ participants were eligible and included in the study. A self-designed questionnaire was applied to collect data. The obtained data were analyzed through Pearson correlation test by using SPSS version ۲۴. Findings: This study showed there is a significant relationship between teachers' occupational neck pain and various factors such as age, gender, work experience, doing exercise, awareness, perceived sensitivity, perceived severity, perceived benefits, perceived barriers, cues to action, self-efficacy, and prevent behavior ($P < 0.05$ in all instances). Conclusion: As this study indicated the majority of the risk factors associated with neck pain can be controlled, providing educational - training program for teachers to reduce occupational neck pain is strongly recommended.

کلمات کلیدی:

.Occupational Neck Pain, Teachers, Health Belief Model

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