

عنوان مقاله:

Religious attitudes and spiritual health among elderly inpatient adults in Shahrekord hospitals

محل انتشار:

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خلاصه مقاله:

Background and Objectives: Human is a multidimensional creature and spiritual domain is the central dimension which has an undeniable effect on gaining health. The most important part of nursing care with family based approach is to help people in achieving optimal level of health. On the other hand, religious attitudes and spiritual health is an important domain of life in ageing period. Therefore, this study was conducted to assess the religious attitudes and spiritual health among elderly inpatients in Shahrekord hospitals. **Methods:** This descriptive correlational study was conducted in ۱۳۹۲ in Shahrekord hospitals. A total of ۳۰۸ geriatric patients who were admitted to a surgical ward, were recruited through random sampling. Two sets of questionnaires regarding religious and spiritual health were used as the instruments. After collecting the data, descriptive (frequency, mean, variance, standard deviation) and analytical (independent t test, Pearson correlation) statistics were used by SPSS statistical software. **Results:** The results showed that ۶۸.۸% of patients possessed large religious attitude with an average of ۱۴۰.۶۸ ± ۳۰.۱۴ . Spiritual health in ۵۱.۳ percent of samples was described to be low while the obtained average score was ۸۶.۱۸ ± ۱۶.۶۱ . However, Pearson test showed that there is a positive significant correlation between religious attitudes and spiritual health ($r = ۰.۸۳$, $P = ۰.۰۵$). **Conclusions:** The present study revealed that there is a significant relationship between religious attitudes and spiritual health and people with high religious attitudes have high spiritual health.

کلمات کلیدی:

Elder, Religious attitudes, Spiritual health, سالمند, نگرش مذهبی, سلامت معنوی

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