

# عنوان مقاله:

Prevalence Of Acute Depression Of Pregnancy Before And During The Covid-19 Pandemic

# محل انتشار:

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# نوپسندگان:

Arghavan Khalighfard - Assistent\_Bachelor Of Midwifery , Midwifery Department , School Of Nursing And .Midwifery.Zanjan University Of Medical Science Zanjan Iran

Elahe Shahamati - Assistent Master Of Clinical Psychology, Department Of Psychology And Educatinal Science, Psychology And Educational Science Research Centre, Islamic Azad University Science And Research Branch, Tehran, Iran

#### خلاصه مقاله:

Background: Depression, as the most common psychiatric disorder during pregnancy and even after pregnancy. With emergence of COVID-19 pandemic, mental health status of whole society has been thought to be threaten due to COVID-19 associated changes in daily life and even biological effects of the disease itself. In this study we aimed at reviewing the trends of the pregnancy depression before and after the COVID-19 pandemic. Methods: This was a narrative review study that quarried literature for pregnancy depression before COVID-19 pandemic in studies published on data of before YoYo and comparing those with studies during the pandemic. Results: Research has indicated that depression spiked during the Corona epidemic and guarantine, and that this was impacted by a multitude of reasons. Now, in addition to pregnancy raising the risk of depression, the COVID-19 pandemic from late Yol9 has raised the risk of depression. According to research, those who had a history of mental illness before to the pandemic era experienced worsening symptoms during the epidemic. The fear of sickness, the death of loved ones, and the virus's influence on the neurological system were the main concerns of individuals during this era. Conclusion: In addition to more research on the problem, strategic plans to control and screen pregnant women should be developed. Because the signs of depression may not be visible, and COVID-19 may decrease the visits and .screenings for this mental condition before and during the pregnancy

# كلمات كليدى:

COVID-19, SARS-Cov-Y, Pandemic, Pregnancy, Pregnancy Depression

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