#### عنوان مقاله:

Meaning therapy: Mental health care in the face of social, economic, political, physical and psychological problems

### محل انتشار:

اولین کنفرانس بین المللی علوم تربیتی، روانشناسی، علوم ورزشی و تربیت بدنی (سال: 1400)

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## نویسندگان:

.Maryam Mahdavi - PhD student in Clinical Psychology, Islamic Azad University of Birjand, Iran

Seyed Abdolmajid Bahreinian - *PhD in Clinical Psychology, Full Professor of Shahid Beheshti University of Medical Sciences, Iran* 

.Leila Razmi - Master of Clinical Psychology, Iran

#### خلاصه مقاله:

Semantic therapy is a psychotherapeutic approach that consistently and prominently examines the relationship between the meaning of life, health and well-being. Different methods for this treatment have been presented in different topics. In this meta-analytic study, studies from various aspects of social, economic, political, physical, psychological and psychological problems have been shown that the three methods have a contradictory intention, deviation and Socratic dialogue. If you can provide it to you, having a Accept meaningful life. In this regard, also, theories, techniques and methods in meaning therapy and analysis of the existence of a solid foundation for meaningful life. Psychologists and therapists can provide treatment protocols to clients in this regard by providing treatment protocols during the sessions. In this qualitative meta-analytic study, considering the various aspects of facing problems and exposure to the psyche after studying a variety of treatment protocols, it is possible to suggest a practical and applied protocol for therapists according to it. Represent your treatment sessions

# کلمات کلیدی:

therapy, Mental health care, Meaning therapy protocol

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