

## عنوان مقاله:

The relationship of mental health and job satisfaction among rescue and non-rescue workers of Red Crescent society  
(case study: Semnan province)

## محل انتشار:

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## خلاصه مقاله:

Introduction: Job satisfaction is an emotional reaction to the job and physical and social conditions. In other words, job satisfaction is a positive and pleasant feeling achieved from the results of individual' job results and experience. One of the factors affect employees' job satisfaction is mental health. This study aimed to assess the relationship of mental health and job satisfaction among roadside rescue workers and non-rescue staff of Red Crescent society in Semnan Province, Iran. Method: In this descriptive survey, the data were collected using Job Descriptive Index (JDI) General Health Questionnaire (GHQ). Statistical analysis was done using t-test via SPSS-۱۶ software. Findings: There was a significant relationship between the mental health and job satisfaction. There were not any significant differences between the rescue and non-rescue workers in terms of the mental health ( $t=-۱.۳۳۸$ ;  $P=۰.۱۸۳$ ) and job satisfaction ( $t=-۰.۵۰۷$ ;  $P=۰.۶۱۳$ ). Only a significant difference was seen in workplace satisfaction which was more among non-rescue workers. Conclusion: In our society, the men are an important part of workforce and the support of their families; in addition, they spent more than half of the hours at work; so, considering their health and job satisfaction and making strategies to promote their mental and job conditions is important. Lower workplace satisfaction among roadside rescue workers, as staff with a hazardous and sensitive job, shows the importance of paying more attention to their work problems.

## کلمات کلیدی:

Mental health: Job satisfaction, Rescue worker, Staff  
فعال، کارمند، سلامت روان، رضایت شغلی، امدادگر

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