### عنوان مقاله:

CPCR Education Workshop Effect on Nurses

**محل انتشار:** فصلنامه امداد و نجات, دوره 3, شماره 1 (سال: 1390)

تعداد صفحات اصل مقاله: 8

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#### خلاصه مقاله:

Background: Cardio-Pulmonary Cerebral Resuscitation (CPCR) is a systematic and purposeful series of action has been using by nurses for restoring the vital function of central body organs such as heart, lung and brain. Apply of teaching is a numerous recommended method for improving nurses knowledge and skill related to PCPR in majority of published papers. Therefore, the aim of this study was to assessment of CPCR educational workshops effect on nurses knowledge ba sed on American Heart Association (AHA) guideline that has been done in Yolo. Methods: Using a quasi-experimental study, the knowledge level of 10% nurses of Tehran university medical sciences was assessed in three steps including before, after, and Y months later of holding the teaching workshop. Using a Yo-item questionnaire on basic, advanced cardiac life support and CPCR according to AHA Yolo guideline, data were gathered. The method of teaching workshop was two integrated sections including lecturing and practical demonstration on basic and advanced CPCR concept during two days (19 hr). Using SPSS, the data were analyzed by applying desc riptive and analytical statistical tests. Findings: The discrepancy of average knowledge scores related to basic and advanced before teaching workshop (A.F), after (IF.9), and Y month later to the workshop (IW.Y) indicated the effect of teaching workshop. Comparing the means of the pre- test, post- test and test after Y months was statistically significant. Nevertheless, in some parts such as on time applying of defibrillation and do the first step in patient with cardio respiratory arrest had the minimal effect from teaching workshop. Conclusion: Since the results indicated that the teaching workshop on basic and advanced CPCR can improve nursing related knowledge; therefore, holding the .similar means as theoretical and practical courses in a regular base is recommended

# کلمات کلیدی:

Cardio-Pulmonary Cerebral Resuscitation (CPCR), teaching workshop, Nurse, Knowledge, کارگاه آموزشی, احیای قلبی- ریوی و مغزی, پرستاران.

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