

## عنوان مقاله:

Vigilant Care: Experiences of In-Home Caregivers of Coronavirus Disease ۲۰۱۹ Patients

## محل انتشار:

مجله مراقبت مبتنی بر شواهد، دوره 12، شماره 2 (سال: 1401)

تعداد صفحات اصل مقاله: 10

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## خلاصه مقاله:

Background: Home care is always appreciated as an effective alternative method to manage critical conditions, expand hospital capacity, and admit further cases suspected of more severe clinical symptoms. Aim: The present study aimed to reflect on the experiences of in-home caregivers of patients with coronavirus disease ۲۰۱۹ (COVID-۱۹) in Iran. Method: For this qualitative descriptive study, ۱۳ participants (i.e., the Iranian family caregivers of patients with COVID-۱۹) were selected and included using the purposive sampling method. Caregivers were those who accompanied the patient to the outpatient department for three months from ۲۲ June to ۲۲ August ۲۰۲۱. An interview was conducted in a private room with family caregivers of patients. The data were obtained through a series of semi-structured interviews, each one lasting ۳۰-۴۰ min. The data were completed via the MAXQDA software (version ۱۰). Analysis was performed according to the approach of Granheim and Landman ۲۰۰۴ by the conventional content analysis method. Results: The results lead to the emergence of the final theme "vigilant care" containing four categories (e.g., Quarantine fence, Economic management as a bottleneck, Confusion and difficulty in care, as well as Conflicting adaptation and mitigation of psychological stress) and ۱۴ subcategories. Implications for Practice: Vigilance care is a major challenge for caregivers of patients with Covid-۱۹ at home. Therefore, providing educational solutions or training booklets in outpatient wards during discharge can partially resolve the ambiguities and be effective in improving care.

## کلمات کلیدی:

Caregivers, COVID-۱۹, Home nursing, Qualitative study

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