

عنوان مقاله:

The Comparison of Attachment Styles, Problem Solving Styles and Sensitivity Anxiety in Cardiovascular Diseases and Normal Individuals

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خلاصه مقاله:

Cardiovascular diseases are regarded as one of the most disabling diseases of human beings around the world, particularly when psychological characteristics are taken into consideration. This study compared attachment styles, problem solving styles and sensitivity anxiety in cardiovascular diseases patients and normal Individuals. A total of ۴۰ participants (۲۰ diseased, ۲۰ normal) were selected through random cluster sampling procedure from among a population of cardiovascular diseases in the city of Ardabil. Data were collected using the attachment styles inventory (AAI), problem-solving styles questionnaire (PSSQ) and the anxiety sensitivity index (ASI); moreover, multivariate analysis of variance was used for data analysis. These findings implied that among attachment styles, problem solving and sensitivity anxiety there existed differences in cardiovascular diseases patients and non-patients. Results showed that cardiovascular diseases patients used higher avoidance and ambivalence attachment than non-patients. Results also revealed that non-patients used higher safety attachment than cardiovascular disease patients and patients employed avoidant attachment style as well as ambivalence. Moreover, cardiovascular diseases patients had higher helplessness, problem solving control and avoidance style more than non-patients and the non-patients used higher creativity style, problem-solving confidence, avoidance style more than cardiovascular diseases patients. It was also found that cardiovascular diseases patients used higher physical, cognitive, social worries than non-patients. Overall, the findings indicated that attachment styles, problem solving styles and sensitivity anxiety were important components discriminating cardiovascular diseases patients from non-patients. The suggestion for further studies is about other variables in cardiovascular diseases to provide preventive strategies for these diseases

کلمات کلیدی:

anxiety, Attachment, Cardiovascular Diseases, problem solving

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