

عنوان مقاله:

The Role of Attachment Styles and Religious Attitudes in the Adjustment of Students

محل انتشار:

فصلنامه سلامت، معنویت و اخلاق پزشکی، دوره 8، شماره 1 (سال: 1399)

تعداد صفحات اصل مقاله: 8

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خلاصه مقاله:

Background and Objectives: Adolescence is one of the most important stages of life in this period, due to physical, psychological and behavioral changes, the need to adapt to family and society is felt more. The purpose of this study was to investigate the role of attachment styles and religious attitudes in predicting adjustment of students. Methods: The present study was a descriptive correlational study. The research samples included ۱۶۲ students who were selected by a Multi-stage cluster sampling method of first high school students in the city of Najaf Abad. To collect the data of the Sinha & Singh adjustment Questionnaire (۱۹۹۳), Hazen and Shaver Attachment Styles Questionnaire (۱۹۸۷), Barahani and Golriz Religious Attitude Questionnaire (۱۹۷۵) were used. To analyze the relationships among the variables and to predict variances in adjustment, the Pearson correlation coefficient and the stepwise regression analysis were used. Results: The results showed that there is a significant relationship between attachment styles and religious attitude with students' adjustment ($P < 0.001$). The regression analysis results showed that the strongest compatibility predictor variables in students are ambivalent attachment style, religious attitude and avoidant attachment style ($P < 0.001$). Conclusion: These results indicate that ambivalent attachment style, religious attitude and avoidant attachment style can be important factors in adjustment of students.

کلمات کلیدی:

Adjustment, Attachment Style, Religious Attitude, Students, دانش آموزان, سازگاری, سبک های دلبستگی, نگرش مذهبی.

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