

عنوان مقاله:

Sociological Study of Spiritual Health in Young Individuals with an Emphasis on Social and Cultural Capital

محل انتشار:

فصلنامه سلامت، معنویت و اخلاق پزشکی، دوره 6، شماره 4 (سال: 1398)

تعداد صفحات اصل مقاله: 7

نویسندگان:

.sedighe Alborzi - University of Shiraz, Shiraz, Iran

.Majid Movahed - University of Shiraz, Shiraz, Iran

.Aliyar Ahmadi - University of Shiraz, Shiraz, Iran

.Mansour Tabiee - University of Shiraz, Shiraz, Iran

خلاصه مقاله:

Background and Objectives: Considering the importance of spiritual health as one of the significant dimensions of health, the present study aimed to investigate and identify the status of spiritual health in young people. Furthermore, this study examined the social and cultural components associated with spiritual health from a sociological perspective. **Methods:** In the present study, young people in Shiraz, Iran, were considered the statistical population, and the sample size was determined as ۶۰۰ subjects based on the Lin Table. The data were collected using a questionnaire designed according to a combination of standard and researcher-made scales through multi-stage sampling and analyzed by SPSS software (Version ۲۱). **Results:** Obtained results of the study showed that most (۴۱.۳%) of the respondents were at a moderate level in terms of spiritual health, and only ۲۴% of the participants were reported with a high level. According to the findings, all the examined hypotheses were confirmed, and there was a statistically significant relationship between age, gender, marital status, cultural and social capital in all dimensions and separately in each dimension (i.e., ontological and religious health) with spiritual health ($P=0.000$). **Conclusion:** Cultural and social capital has an important role in spiritual health, as it has a significant role in other aspects of health, including general, mental, and social health. Therefore, the reinforcement and improvement of cultural and social capital lead to the promotion of spiritual health.

کلمات کلیدی:

.Adolescent, Social Capital, Sociological, Spiritual Health

لینک ثابت مقاله در پایگاه سیویلیکا:

<https://civilica.com/doc/1521194>

