

## عنوان مقاله:

Relationship between Religious Commitment and Other Factors Related To Tendency toward Extra-Marital Affairs among Married Students

## محل انتشار:

فصلنامه سلامت، معنویت و اخلاق پزشکی، دوره 5، شماره 2 (سال: 1397)

تعداد صفحات اصل مقاله: 6

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## خلاصه مقاله:

Background and Objectives: Extra-marital affairs as one of the covert social problems are among issues with a wide range of disastrous consequences for family and social institutions. Therefore, determining the factors associated with the tendency toward such relationships is of great importance. We aimed to study the tendency toward extra-marital affairs and some related factors among married students. Methods: A cross-sectional study of ۲۵۰ students of Tabriz University of Medical Sciences was performed. The participants were chosen through the convenience sampling method. The data collection tools included the Religious Commitment Inventory-۱۰ (Worthington et al.), NEO Personality Inventory, inclination toward extra-marital affairs by Whatley, and the social reflexivity scale (Kharmour and Afrasiabi). To analyze the data, Pearson correlation coefficient, t-test, and multivariate regression were run. Results: We found a negative correlation between religious commitment and tendency toward extra-marital affairs ( $P=۰.۰۰۰$ ,  $r=-۰.۳۷$ ). However, the extent of modern media usage and social reflexivity and inclination toward extra-marital affairs were positively correlated ( $P=۰.۰۰۰$ ,  $r=۰.۴۲$ ). Moreover, extroversion, openness to experience, adaptability, and conscientiousness were negatively correlated with inclination toward extra-marital affairs. Finally, neuroticism was positively correlated with inclination toward extra-marital affairs ( $P=۰.۰۰۱$ ,  $r=۰.۱۸$ ). Conclusion: By promoting media literacy among students regarding the proper use of the modern media, as well as strengthening religious and indigenous values and traditions, the inclination of married students towards extra-marital affairs can be greatly reduced.

## کلمات کلیدی:

Social Reflexivity, Religious Commitment, Communication Media, Extra-Marital Affairs, Personality Characteristics

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