

عنوان مقاله:

Association between Spiritual Health and the Quality Of Life in Opioid-Dependent Men in Qom, Iran

محل انتشار:

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خلاصه مقاله:

Background and Objectives: In recent decades, attention paid to quality of life as an important factor to evaluate the therapeutic outcomes and the effectiveness of treatments for illnesses, has increased. The purpose of this study was to investigate the association between spiritual health and quality of life in opioid-dependent men in Qom. **Methods:** The study population of this descriptive-correlational study consisted of 107 opioid-dependent men referring to addiction treatment centers in Qom who were selected by random sampling. Participants completed a 48-item spiritual well-being questionnaire, developed by Amiri et al., and short form 36-item health survey (SF-36). Data analysis was conducted by the SPSS version 21 using Pearson's correlation coefficient. **Results:** General spiritual health and behavioral aspect were significantly directly correlated with overall quality of life and its subscales, except for physical function, limitation in playing the role due to physical health problems, and pain. There was also a significant relationship between general spiritual health and overall quality of life. **Conclusion:** Behavioral aspect, among the aspects of general health, and general spiritual health are more important for the quality of life in opioid-dependent people. Spiritual health, especially spiritual behavior, is an effective supportive mechanism for opioid-dependent people that can be effective to improve their quality of life.

کلمات کلیدی:

Spiritual health, Quality of life, Men, Opiates

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