

عنوان مقاله:

"Study the Elements of Emotional Intelligence in Saadi's Golestan Stories"

محل انتشار:

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خلاصه مقاله:

The Golestan^۳, a well-known book of Sheikh Saadi of Shiraz is one of the masterpieces of folk tales in Persian literature. Place of story, which has a high position in Iranian literature and culture for the communication of wisdom and meaning, is not concealed from his astute perspective and he often tries to find his purpose in the heart of the sweet content of the story by telling different fables. In Golestan, Saadi tries to communicate wisdom and meaning by telling different fables and using psychological methods, especially the theory of emotional intelligence. The purpose of this article is to study the components of emotional intelligence among the characters of the story by the descriptive content analysis research method quantitatively and qualitatively. Problem-solving inter-relationship, self-awareness, flexibility, self-actualization, assertiveness, empathy, responsibility, self-regard, realism, pressure control, happiness, optimism, independence, impulse control components statistically arranged in terms of usage, especially the first five components that has received more attention. In terms of attention to general scales, problem solving, interpersonal relationship, self- awareness, flexibility and self-actualization are indicated respectively which in terms of frequency, problem solving and interpersonal relationship realm are very far from other components. Applying and designing social, managerial and organizational applications of these components is possible and achievable in order to improve the scientific and functional level in most of the different trainings and educational disciplines from primary to higher education levels.

کلمات کلیدی:

Saadi's Golestan, Emotional intelligence, emotional skills, BAR-on, problem-solving

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