

عنوان مقاله:

The effectiveness of cognitive-behavioral therapy (CBT) on the improvement of premature ejaculation disorder in cannabis addicts

محل انتشار:

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خلاصه مقاله:

Premature ejaculation (PE) is defined by short ejaculatory latency and inability to delay ejaculation causing distress. Management may involve behavioral and/or pharmacological approaches. The purpose of this research was to assess the effectiveness of cognitive behavioral therapy (CBT) on the signs, symptoms, and clinical-sexual consequences of premature ejaculation, including sexual esteem, sexual anxiety, sexual depression, sexual fear, and sexual satisfaction of Cannabis addicted patients and their wives. Fifteen Cannabis addicted patients with premature ejaculation were selected and received cognitive behavioral therapy of eight to ۱۲ sessions. Finally, the data collected from ۱۲ Cannabis addicted patients were analyzed using paired t-tests. The results of the analysis showed that all of the variables changed after the treatment. All of the changes were statistically significant with a tendency towards improvement. CBT can be a more popular and effective treatment provided to Cannabis addicted patients suffering from premature ejaculation

کلمات کلیدی:

Acceptance and commitment therapy, Cognitive Behavior Therapy, Drug Therapy, Premature Ejaculation

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