

## عنوان مقاله:

Explain the role of school counselor in improving students' mental health

## محل انتشار:

پنجمین همایش بین المللی روان شناسی تربیتی: مداخلات روانی-تربیتی (سال: 1401)

تعداد صفحات اصل مقاله: 1

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## خلاصه مقاله:

Counseling is of great importance that is not considered much, but mental safety can be transferred from school to home and from home to society. School counselors collaborate with teachers, principals, parents, and social workers to ensure that each student receives the required care and resources to be successful in their academic and personal life. For many reasons, schools are the best places to organize and provide mental health services. Schools are unique opportunities to improve children and adolescents' lives and their mental health. Here, the school counselors are one of the most important and effective factors on students' mental health. The researches on the students' mental health indicate that school counselors have a very important effect on improving students' health level. The present study was carried out by the library method. It was found that by creating a suitable sufficient room in the school, choosing and replacing teachers effectively, using the proper management methods, receiving help from experienced counselors, promoting team sports, correcting expectations and timely encouragement, implementing the same rules, paying attention to different educational areas, having a good plan for school administration and recognizing students' mental health problems all can help to improve students' mental health.

## کلمات کلیدی:

School counselors, Mental health, Students

## لینک ثابت مقاله در پایگاه سیویلیکا:

<https://civilica.com/doc/1538641>

