

عنوان مقاله:

Firefighter's Job-Related Stress Assessment in Operation Department of Fire Stations

محل انتشار:

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نویسندگان:

Fardin Merabian - *Department of Health Education and Promotion, School of Health, Guilan University of Medical Sciences, Rasht, Iran*

Parisa Kasmaei - *Department of Health Education and Promotion, School of Health, Guilan University of Medical Sciences, Rasht, Iran*

Zahra Atrkar Roushan - *Department of Community Medicine, School of Medicine, Guilan University of Medical Sciences, Rasht, Iran*

Mahmood Heidari - *Department of Occupational Health and Safety, School of health, Guilan University of Medical Sciences, Rasht, Iran*

Naghmeh Khalili Rad - *Department of Health Education and Promotion, School of Health, Guilan University of Medical Sciences, Rasht, Iran*

خلاصه مقاله:

Background: Increasing job-related stresses among firefighters not only affect the incentive of work but also cause a reduction in productivity. Objectives: This study was conducted to investigate job-related stress situations among firefighters and its related factors. Materials & Methods: This cross-sectional study was performed on ۱۸۴ employees of operation department of fire stations of Rasht in April and May ۲۰۱۵. Health and Safety Executive tool was used to assess stress score among participants. Results: Of total, ۱۴۱ subjects were participated in the study (response rate= ۷۷%). The prevalence of moderate and high job-related stress among firefighters was ۲.۱%, which have been experienced severe stress and need rapid intervention. the prevalence of low stress that need to improve their stress situation was ۸۸.۷% (۱۲۵ firefighters). ۱۳ firefighters (۹.۲%) had no stress and were on ideal conditions and this situation should be maintained. Conclusion: Firefighters have great responsibility in saving people lives, thus periodic reviews on firefighters is essential to determine the level of stress and its early identification and prevention. Training of firefighters on ways of coping and empowerment can be effective in promoting their health and improving rescue services.

کلمات کلیدی:

Firefighters, Job-related Stress, Occupational Health

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