

عنوان مقاله:

The effect of infertility counseling interventions on marital and sexual satisfaction of infertile couples: A systematic review and meta-analysis

محل انتشار:

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خلاصه مقاله:

Background: Psychological consequences of infertility could have a negative effect on marital and sexual satisfaction. Numerous medical associations have strongly recommended psychological interventions, including counseling, to help infertile couples. Objective: This study reviewed the effectiveness of counseling interventions on marital and sexual satisfaction in infertile couples. Materials and Methods: This systematic review and meta-analysis was conducted according to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses checklist, Databases including PubMed, Web of Science, Psych Info, Cochran Library, Scopus, and Embase were searched for relevant articles published up to March ۲۰۲۰. All randomized clinical trials assessing the impact of psychological interventions on marital and sexual satisfaction in infertile couples were included in the review. The outcome measures were marital and sexual satisfaction, and the pooled estimate of the effects was calculated using a random-effects model. The risk of bias was measured using the Cochrane risk of bias tool, and the summary measures were reported as ۹۵% confidence interval and percentage of heterogeneity. Results: Out of the ۳۰۹ studies found through the search, ۱۳ randomized clinical trials including ۲۳۰ infertile women and ۵۱۲ infertile couples were systematically reviewed and included in the meta-analysis. It was found that counseling interventions improve marital and sexual satisfaction. Conclusion: As counseling and psychological interventions increase the marital and sexual satisfaction of infertile couples, those are highly recommended for the psychological management of infertile couples

کلمات کلیدی:

Infertility, Psychosocial intervention, Counseling, Sexual satisfaction, Systematic review, Meta-analysis, Couples ناباروری، مداخلات روان شناختی، مشاوره، رضایت جنسی، مرور سیستماتیک، متاآنالیز.

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