

عنوان مقاله:

Physicians' Skills in Breaking Bad News to Patients With Cancer Using SPIKES Protocol

محل انتشار:

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خلاصه مقاله:

Background: Breaking bad news is an unpleasant task for physicians, especially for patients with cancer. In this regard, the SPIKES protocol, which is prevalent in several countries, has not been discussed in Iran. **Objectives:** This study evaluated how the SPIKES protocol was followed by physicians. **Materials & Methods:** This descriptive cross-sectional study was conducted at Guilan academic hospitals from December ۲۰۲۱ to April ۲۰۲۲. Patients with cancer participated in the survey who were referred to the oncology academic centers for follow-ups or radiotherapy and chemotherapy. They were over ۱۸ years old with the ability of proper communication. The SPIKES questionnaire consists of ۱۲ questions with ۶ subscales (settings, invitation, perception, knowledge, emotion, and strategy). It was filled out through a direct interview. **Results:** The data from ۲۸۰ patients were analyzed. Everyone stated that at the time of receiving the diagnosis, the doctor was not in a hurry and made appropriate eye contact. About ۶۱.۱% believed they were emotionally supported, and ۶۵.۴% were satisfied with their final knowledge about the disease and treatment planning. Patients with older ages and lower levels of education were significantly more likely to state that physicians'

language was not comprehensive; physicians did not understand them, and the patients were not emotionally supported ($P=0.0001$). Conclusion: This study showed that more attention should be paid to older patients with lower levels of education. They needed more time for conversation and simpler dialect. Some areas, such as "invitation" are required to be improved.

کلمات کلیدی:

Communication, Psycho-oncology, Physicians, Cancer

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