

عنوان مقاله:

The Relationship between Character Strength and Psychological well-being: The Moderating Effect of Strength-Based Parenting

محل انتشار:

فصلنامه مشاوره پیشگیرانه، دوره 3، شماره 3 (سال: 1401)

تعداد صفحات اصل مقاله: 11

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خلاصه مقاله:

This study aimed to investigate the role of strength-based parenting moderators on the relationship between character strength and psychological well-being. The research design was correlational. The statistical population was all sixth-grade students in the ۱۸th district of Tehran in ۲۰۱۹-۲۰۲۰. The research sample consisted of ۳۰۰ sixth-grade students who were randomly selected from primary schools in Tehran's ۱۸th district. Students completed the Values in Action Inventory of Strengths (VIA-IS), Ryff's scale of Psychological well-being, short-form (۱۸-item), and Strength-based parenting. In data analysis, descriptive statistics, correlation matrix, and hierarchical regression by version ۲۵ of SPSS statistical software were used. Findings showed that there is a positive and significant relationship between character strength and psychological well-being ($P < ۰.۰۱$). The results also showed that strength-based parenting has a moderating effect on the relationship between character strength and psychological well-being in children ($P < ۰.۰۱$). In total, ۵۵% of changes in psychological well-being are explained by the strength of character and strength-based parenting. According to the research findings, it can be concluded that strength-based parenting will modify the .strength of character and psychological well-being of students

کلمات کلیدی:

Character Strength, psychological well-being, Strength-Based Parenting

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