

عنوان مقاله:

The Mediation Role of Resiliency in the Relationship of Attribution Styles and Personality Dimensions with Job Burnout in Surgeons of Kerman City, Iran

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خلاصه مقاله:

Background & Aims: There is a high prevalence of burnout in modern societies and it encompasses all aspects of life. Thus, this study investigated the effects of personality dimensions and attribution styles variables on the dependent variable of job burnout with the mediating role of resiliency in surgeons in Kerman, Iran. **Methods:** The target population consisted of ۱۲۷ surgeons of whom ۹۰ surgeons were selected through census random technique and were interviewed. Data collection tools included the NEO personality dimensions with ۶۰ items, Seligman Adult Attributional Styles with ۴۸ items, Connor-Davidson Resilience Scale with ۲۰ items, and Maslach Burnout Inventory with ۲۶ items. **Results:** Finding of path modeling showed that the conceptual model of the study had a suitable fit. Thus, optimistic attribution style had a significant direct positive effect on resiliency. In addition, pessimistic attribution style had a significant direct negative effect on resiliency. Resiliency had a significant direct positive effect on the frequency of personal inadequacy. Moreover, optimistic and pessimistic attribution styles had a significant indirect positive effect on the frequency of personal inadequacy through the mediating role of resiliency. **Conclusion:** Optimistic and pessimistic attribution styles were recognized as the most important variable predicting the frequency of personal inadequacy of surgeonsthrough the variable of resiliency

کلمات کلیدی:

Dimensions of personality, Style attribution, Job Burnout, resiliency, Surgeons, Iran

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