

عنوان مقاله:

The Relationship of Perfectionism Dimensions and Personality Type with Migraine

محل انتشار:

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خلاصه مقاله:

Background & Aims: Migraine is a common clinical and chronic disorder. The rate of psychological problems is high among these patients. This study examined the relationship of perfectionism dimensions and personality type with migraine headaches. Methods: This was correlational study on 68 patients referring to neurologists in the city of Kerman, Iran. Participants responded to personality type and intensity of headache questionnaires and multidimensional perfectionism scale (MPS). Data were analyzed using regression analysis. Results: A significant correlation was found between type A personality and dimensions of perfectionism, and migraine. Moreover, type A personality and community-oriented and self-oriented perfectionism are predictors of migraine, but other-oriented perfectionism is not a predictor of migraine. Conclusion: The results of this research showed that personality characteristics, especially type A that is associated with a kind of pressure and time urgency, and perfectionism of patients with migraine should be considered in any treatment.

کلمات کلیدی:

Perfectionism, Personality type, Migraine headaches

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