

عنوان مقاله:

Investigating the relationship between health literacy and Covid-۱۹ preventive behaviors : A cross-sectional study in Hormozgan, Iran

محل انتشار:

فصلنامه سواد سلامت, دوره 7, شماره 4 (سال: 1402)

تعداد صفحات اصل مقاله: 12

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خلاصه مقاله:

Background and Objective: A massive amount of formal and informal information about Covid-۱۹ has become a challenge during the pandemic. Therefore, health literacy (HL) development is more important than ever to prepare society for emergent conditions. This study aimed to determine the relationship between health literacy and Covid-۱۹ preventive behaviors in Hormozgan, Iran. **Material and Methods:** The present cross-sectional study was conducted on participants over ۱۵ years of age who resided in Hormozgan Province, Iran. A total number of ۱,۲۹۲ valid answers were obtained from participants selected through a convenience sampling during December ۲۰۲۱-January ۲۰۲۲. The data were collected using reliable and valid questionnaires including: The Health Literacy Instrument for Iranian Adults (a common standard questionnaire in Iran) and the researcher-made Covid-۱۹ preventive behaviors questionnaire. Pearson's correlation coefficient and multiple linear regression analysis were used for data analysis using IBM SPSS Statistics®, version ۲۶.۰. **Results:** The mean age of participants was ۳۶.۷۸ ± ۱۰.۴۴ years and their age ranged between ۱۵ and ۷۰ years. Among all participants, ۴۵.۷% had a high HL and ۹۴.۳% reported to have good Covid-۱۹ preventive behaviors. The results showed a significant relationship between behavior and health literacy with age, gender, marital status, education level and source of information. The multiple linear regression findings showed that health literacy was a predictor of the preventive behaviors ($p\text{-value} < ۰.۰۰۱$). **Conclusion:** The present study showed that HL is a predictor of Covid-۱۹ preventive behaviours. Also, HCWs were regarded as the most widely used sources of Covid-۱۹ information. Monitoring is also recommended to improve the quality of online

کلمات کلیدی:

Health Literacy, Preventive Behavior, COVID-۱۹, Iran

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