

عنوان مقاله:

Evaluation of Mental Health in Patients with Heart Failure at Golestan Teaching Hospital in Ahvaz, Southwestern Iran

محل انتشار:

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تعداد صفحات اصل مقاله: 5

نویسندگان:

Behnam Gholizadeh - *Department of General Surgery, School of Medicine, Ahvaz Jundishapur University of Medical Sciences, Ahvaz, Iran*

Ehsan Moradi-Joo - *Abadan University of Medical Sciences, Abadan, Iran*

Siamak Baghaei - *Department of Internal Medicine, Ahvaz Branch, Islamic Azad University, Ahvaz, Iran*

Fatemeh Javaherforoosh Zadeh - *Department of Pain Research Center, Ahvaz Jundishapur University of Medical Sciences, Ahvaz, Iran*

Hossein Raeisi - *Shahid Chamran University of Ahvaz, Ahvaz, Iran*

Seyed Salahodin Nabavi - *Department of General Surgery, School of Medicine, Ahvaz Jundishapur University of Medical Sciences, Ahvaz, Iran*

خلاصه مقاله:

Introduction: Heart failure (HF) affects mental health in all patients. This study aimed to evaluate mental health in HF patients in teaching hospitals in Ahvaz. **Methods:** The present descriptive-analytical study was performed on ۲۲۰ patients admitted to the cardiac ward of Golestan Hospital in Ahvaz in ۲۰۲۱. Sampling was not performed due to the limited statistical population. Data was collected using a mental health questionnaire after determining their validity and reliability. The data was analyzed by SPSS ۲۲ software using variance, t-test, and Pearson correlation coefficient analysis at a significance level of ۰.۰۵. **Results:** Men and women were significantly different in dimensions of general health and physical pain ($P < ۰.۰۵$). There were also significant differences between men and women in dimensions of depression and anxiety, with women showing lower mental health in both dimensions ($P < ۰.۰۵$). **Conclusion:** Mental health problems in HF patients necessitate conducting qualitative research on ways to improve the mental health of these patients. Besides, comparative studies on these patients are necessary before and after implementing nursing models to care for and support HF patients.

کلمات کلیدی:

mental health, Heart failure, Golestan hospital, Ahvaz

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