

## عنوان مقاله:

Status of Social Capital and its Relationship with the Success Rate of Smoking Cessation in Patients Referred to the Smoking Cessation Clinic

## محل انتشار:

دوازدهمین کنفرانس بین المللی بهداشت، درمان و ارتقای سلامت (سال: 1401)

تعداد صفحات اصل مقاله: 10

## نویسندگان:

Zahra Sanaei - *Department of community medicine, Education Development Office, Hamadan University of Medical Science, Hamadan, Iran*

Mohamad Ali Seif Rabiei - *Department of community medicine, School of Medicine, Hamadan University of Medical Sciences, Hamadan, Iran*

Saede Bahrami Mashouf - *Department of community medicine, Education Development Office, Hamadan University of Medical Science, Hamadan, Iran*

## خلاصه مقاله:

**Background and Objective:** Several studies showed the effect of social capital role on smoking cessation. As few scientific studies have been carried out to examine this issue in Iran, the present study examined this issue. **Materials and Methods:** One hundred eleven smokers admitted to the smoking cessation clinic were included in a prospective cross-sectional study in ۲۰۱۹. The data needed was collected using a checklist of demographic characteristics and social capital scale (Bullen, ۳۶ questions). Success rate for smoking cessation was determined for each person at ۱, ۳ and ۶ month intervals. **Result:** Of the ۱۱۱ participants, ۱۰۷ were males (۹۶.۴%). The mean age of participants was  $۴۷.۴۲ \pm ۱۲.۶۶$  years. The minimum score of social capital in the study was ۶۳ and the maximum was ۱۷۲. Of all the patients admitted to the clinic, only ۴۳ (۳۸.۷%) completed the number of cessation sessions (at least ۴ sessions) and the rest left the cessation sessions unfinished, with the mean score of social capital having no significant differences between the two groups ( $۱۰۷.۹۷ \pm ۱۷.۹۳$ ,  $۱۰۷.۵۸ \pm ۱۹.۹۵$  in the completed and uncompleted group respectively,  $p = ۰.۹۳$ ). **Conclusion:** Given the lack of a significant relationship between social capital and successful smoking cessation in the study.

## کلمات کلیدی:

Smoking Cessation, Social Capital, Hospitals, Hamadan

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