

عنوان مقاله:

Comparison of Communication Skills, Cognitive Emotion Regulation Strategies and Communication Patterns in
(Women with and Without Experience of Domestic Violence (An Analytical-comparative Study

محل انتشار:

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خلاصه مقاله:

Objective: Considering domestic violence occurs in the context of marital relationship, it seems necessary to examine the individual characteristics of each couple in the occurrence of this phenomenon. Therefore, the purpose of this study was Comparison of communication skills, Cognitive Emotion Regulation Strategies and Communication Patterns in Women with and Without Experience of Domestic Violence. **Methods:** The present study was an analytical-comparative study. The statistical populations of this study were all women of Rasht city in the ۲۰۱۸ year. Among these women, ۱۲۰ persons were considered as a research sample; of these, ۶۰ people in the group of women with experience of violence were selected using available sampling method and ۶۰ people in the group of women without experience of violence were selected using cluster sampling method. Data measurement tools in this study were Communication Skills Questionnaire (CSTRQ), Marital Relationship Patterns Questionnaire (CPQ) and Cognitive Emotion Regulation Questionnaire (CERQ). The data of this study were analyzed using independent t-test in SPSS ۲۱. **Results:** The results showed that there was a significant difference between communication skills and communication patterns of constructive interaction and withdrawal-belonging pattern in women with and without experience of domestic violence ($P < 0.05$). However, no significant difference was observed between the two groups in terms of communication pattern of mutual avoidance and cognitive regulation of emotion. **Conclusion:** Considering the important role of communication skills and patterns in the occurrence or prevention of domestic violence, communication skills training in premarital counseling and marital counseling seems necessary.

کلمات کلیدی:

communication skills, Communication Patterns, Cognitive emotion regulation strategies, Domestic Violence, women

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