

عنوان مقاله:

The Relationship between Mental and Physical Health Status with Knowledge, Attitudes and Practice about Covid-19 Virus among the Medical Science Students of Urmia Islamic Azad University in ۲۰۲۰

محل انتشار:

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خلاصه مقاله:

The relationship between awareness and physical and mental health of people is direct and strong and is significant at the ۹۵% confidence level. Since the Covid-19 disease is more effective on people with underlying diseases, therefore, if a person suffers from a chronic disease, it can make him sicker and therefore the person has less desire to get information about this disease, which reduces the level of awareness. and this issue is also true in relation to intellectual obsessions. In such a way that students with phobia or any other mental disorder deal with the subject more carefully. On the other hand, high awareness in people reduces the amount of stress related to the disease and improves the level of mental health and subsequently physical health. The results of this research also showed that the relationship between attitude and physical and mental health of people is direct but relatively weak, although it is significant at the ۹۵% confidence level. Although mental and physical health increases the level of awareness, it does not have an effect on a person's perspective of an existing reality.

کلمات کلیدی:

Mental and Physical Health Status, COVID-19, Medical Science, confidence level

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