

عنوان مقاله:

The spiritual experiences of students of Iran University of Medical Sciences in ۲۰۲۰

محل انتشار:

مجله عوامل اجتماعی موثر بر سلامت, دوره 8, شماره 1 (سال: 1401)

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خلاصه مقاله:

Background: Psychologists consider the acceptance of spirituality as a cultural reality and by acknowledging the positive effects of spirituality on mental health, the World Health Organization also considers the spiritual dimension as the physical, social and emotional dimensions of human existence. Spirituality is a genuine and inner experience that It lies in the nature of every human being. The purpose of this study was to investigate the spiritual experiences of students of Iran University of Medical Sciences in ۲۰۲۰. Methods: The present study was descriptive-analytical. The sample size of ۵۰۰ students of Iran University of Medical Sciences in ۲۰۲۰ was estimated. For sampling, a list of students was prepared from the faculty education and the sample was selected by regular random sampling method through random number generation software. The data collection tool was a questionnaire with demographic questions and spiritual experiences. The collected data were analyzed after completion with SPSS ۲۰ software. A significance level of ۰.۰۵ was considered. Results: The mean score of the meaning-finding component in life was obtained at ۵۷.۹۸. There was a significant relationship between spiritual experiences and gender, age and educational level of students, while no significant relationship was found between spiritual experiences and marital status and residence. Conclusion: In order to ensure the spiritual health of students, it is necessary to plan properly to create a .meaningful atmosphere in universities for different age and gender groups

کلمات کلیدی:

Health; Iran; Mysticism; Social Determinants of Health; Students

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