

## عنوان مقاله:

Bilateral Achilles Tendon Rupture Following Local Corticosteroid Infiltration: A Report of Rare Case

## محل انتشار:

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## خلاصه مقاله:

Background: The Achilles tendon is the largest tendon in the body. Local infiltration is recognized to be cost-saving and effective in treating musculoskeletal pain. However, using corticosteroids in the long term can lead to adverse consequences such as osteoporosis, immunosuppressive effect, or tendon rupture. Case presentation: In this paper, we reported a case with bilateral Achilles tendon rupture following corticosteroid treatment. When Achilles tendon rupture occurs, surgical treatment is necessary to rehabilitate Achilles tendon function and avoid severe complications. Conclusion: This report reviewed a case of bilateral Achilles tendon rupture following corticosteroid .treatment precautions which should be considered

## کلمات کلیدی:

Achilles Tendon Rupture, Pathological Achilles Tendon Rupture, Bilateral Heel Tendon Rupture

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