

## عنوان مقاله:

The effect of role-play training on improving self-concept in adolescents

## محل انتشار:

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## خلاصه مقاله:

**Abstract** Introduction: This study was conducted to find the effect of instructing role-play on improving self-concept of adolescent girls. Methods: At first, all students in one of the mid-schools in Tehran were selected by census and filled out Beck self-concept inventory. In the second step, ۲۰۲ students who got the lowest scores were selected and randomly divided into two groups (۱۰۱ in case and ۱۰۱ in control group). Then, the case group had six ۹۰-minute sessions of instructing role-play. At the end of the training, both groups had a test. Data were analyzed using mean score difference analysis of pre-test, post-test and t test. Results: The results showed a significant difference between the students who received the training and those who did not with regards to self-concept. Conclusion: Instructing role-play can be used as an efficient way to improve self-concept in adolescent girls.

## کلمات کلیدی:

Key words : role-play training, self-concept, Adolescent

## لینک ثابت مقاله در پایگاه سیویلیکا:

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