

عنوان مقاله:

Investigating factors affecting health based on the health belief model: a systematic review

محل انتشار:

اولین کنفرانس بین المللی دانشجویان بهداشت و علوم سلامت ایران (سال: 1402)

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خلاصه مقاله:

Health is one of the most important components of people's general health. Knowing the current situation is essential in designing health interventions. The purpose of this study is to investigate the factors affecting health based on the health belief model. This study was carried out systematically based on studies published between ۲۰۱۰ and ۲۰۲۳. In this study, out of ۶۰۰ sources collected, only ۳۰۰ sources of published articles and books were included in our study. Data collection was done using the library method. Data analysis was done using SPSS statistical software, version ۲۱. A statistically significant relationship was observed between health behavior and gender, marital status, occupation and economic status ($p < 0.05$). Among the constructs of the health belief model, perceived intensity of health behavior can be predicted. Based on the health belief model, self-efficacy had the greatest effect on health behavior, it is suggested to emphasize more self-efficacy in the design and implementation of health management programs.

کلمات کلیدی:

factors affecting health, health belief model, systematic review

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